

2017

Kickapoo Summer School Strength and Conditioning

Open to Students from Kickapoo & LaFarge

Led by: Fean Wagner, VMH Certified Athletic Trainer

With: Mr. Wiegel, Mr. Petersen, Mrs. Geary, Mr. Gehrke, Mr. Herricks

Who: Students entering 6<sup>th</sup>-12<sup>th</sup> grade

When: June 12 – August 11 (Monday, Wednesday, and Friday)

Session 1: 8:00am – 10:00am

Session 2: 10:00am – 12:00pm

July 31 – Aug 11 (Monday, Wednesday, and Friday)

Session 1: 9:00am – 11:00am

- **MEET IN THE HIGH SCHOOL GYM ON THE FIRST DAY, JUNE 12**
- The class is **FREE** add \$10.00 if you would like a t-shirt
- 2 sessions will be offered only if enough students sign up
- Credit: Students entering 9<sup>th</sup>-12<sup>th</sup> grade may be given ¼ PE credit on a pass/fail basis for attendance and participation at 22 of the 26 sessions. Students entering 6<sup>th</sup> – 8<sup>th</sup> grade may also participate but will not be given credit.
- If you have any questions or concerns, please contact any of the above teachers.

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**Kickapoo Summer Strength and Conditioning 2017**

Name: \_\_\_\_\_

Grade you will be in next school year: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Taking for Credit? Yes No Shirt Size: S M L XL 2XL

Session: Please check one: Session 1 \_\_\_ (8-10 a.m.) Session 2 \_\_\_ (10-12 p.m.)

**Please return the bottom of this form to Mrs. Geary by May 22!**